

| ANNEE 2025 |    |                                |  |          |    |                                     |  |           |    |                                               |  |
|------------|----|--------------------------------|--|----------|----|-------------------------------------|--|-----------|----|-----------------------------------------------|--|
| JUILLET    |    |                                |  | AOÛT     |    |                                     |  | SEPTEMBRE |    |                                               |  |
| Ma         | 1  |                                |  | V        | 1  |                                     |  | L         | 1  |                                               |  |
| M          | 2  |                                |  | S        | 2  |                                     |  | Ma        | 2  |                                               |  |
| J          | 3  |                                |  | D        | 3  |                                     |  | M         | 3  |                                               |  |
| V          | 4  |                                |  | L        | 4  |                                     |  | J         | 4  |                                               |  |
| S          | 5  |                                |  | Ma       | 5  |                                     |  | V         | 5  | AG Comité Manche - Saint Lô 19h00.            |  |
| D          | 6  |                                |  | M        | 6  |                                     |  | S         | 6  |                                               |  |
| L          | 7  |                                |  | J        | 7  |                                     |  | D         | 7  | Top Normandie                                 |  |
| Ma         | 8  | Stage départemental Coutances  |  | V        | 8  |                                     |  | L         | 8  |                                               |  |
| M          | 9  | Stage départemental Coutances  |  | S        | 9  |                                     |  | Ma        | 9  |                                               |  |
| J          | 10 | Stage départemental Coutances  |  | D        | 10 |                                     |  | M         | 10 |                                               |  |
| V          | 11 |                                |  | L        | 11 |                                     |  | J         | 11 |                                               |  |
| S          | 12 |                                |  | Ma       | 12 |                                     |  | V         | 12 |                                               |  |
| D          | 13 |                                |  | M        | 13 |                                     |  | S         | 13 | AG ARBITRES 14/50/61                          |  |
| L          | 14 |                                |  | J        | 14 |                                     |  | D         | 14 |                                               |  |
| Ma         | 15 |                                |  | V        | 15 | Assomption                          |  | L         | 15 |                                               |  |
| M          | 16 |                                |  | S        | 16 |                                     |  | Ma        | 16 |                                               |  |
| J          | 17 |                                |  | D        | 17 |                                     |  | M         | 17 |                                               |  |
| V          | 18 |                                |  | L        | 18 |                                     |  | J         | 18 |                                               |  |
| S          | 19 |                                |  | Ma       | 19 |                                     |  | V         | 19 | Ch.Equipes D1,2,3,4.J1 ph1                    |  |
| D          | 20 |                                |  | M        | 20 |                                     |  | S         | 20 | Ch.Equipes Reg J1 ph1                         |  |
| L          | 21 |                                |  | J        | 21 |                                     |  | D         | 21 |                                               |  |
| Ma         | 22 |                                |  | V        | 22 |                                     |  | L         | 22 |                                               |  |
| M          | 23 |                                |  | S        | 23 |                                     |  | Ma        | 23 |                                               |  |
| J          | 24 |                                |  | D        | 24 |                                     |  | M         | 24 |                                               |  |
| V          | 25 |                                |  | L        | 25 | Stage départemental Isigny le Buat  |  | J         | 25 |                                               |  |
| S          | 26 |                                |  | Ma       | 26 | Stage départemental Isigny le Buat  |  | V         | 26 |                                               |  |
| D          | 27 |                                |  | M        | 27 | Stage départemental Isigny le Buat  |  | S         | 27 | Ch.Equipes Reg J2 ph1                         |  |
| L          | 28 |                                |  | J        | 28 |                                     |  | D         | 28 |                                               |  |
| Ma         | 29 |                                |  | V        | 29 |                                     |  | L         | 29 |                                               |  |
| M          | 30 |                                |  | S        | 30 |                                     |  | Ma        | 30 |                                               |  |
| J          | 31 |                                |  | D        | 31 |                                     |  |           |    |                                               |  |
|            |    |                                |  |          |    |                                     |  |           |    |                                               |  |
| ANNEE 2025 |    |                                |  |          |    |                                     |  |           |    |                                               |  |
| OCTOBRE    |    |                                |  | NOVEMBRE |    |                                     |  | DECEMBRE  |    |                                               |  |
| M          | 1  |                                |  | S        | 1  |                                     |  | L         | 1  |                                               |  |
| J          | 2  |                                |  | D        | 2  |                                     |  | Ma        | 2  |                                               |  |
| V          | 3  | Ch.Equipes D1,2,3,4.J2 ph1     |  | L        | 3  |                                     |  | M         | 3  |                                               |  |
| S          | 4  | AG Ligue - Houlgate            |  | Ma       | 4  |                                     |  | J         | 4  |                                               |  |
| D          | 5  |                                |  | M        | 5  |                                     |  | V         | 5  |                                               |  |
| L          | 6  |                                |  | J        | 6  |                                     |  | S         | 6  | Chpt Jeunes Journée 1                         |  |
| Ma         | 7  |                                |  | V        | 7  |                                     |  | D         | 7  | Tournoi Féminin Régional                      |  |
| M          | 8  |                                |  | S        | 8  |                                     |  | L         | 8  |                                               |  |
| J          | 9  |                                |  | D        | 9  | Circuit Jeunes Crédit Mutuel Tour 1 |  | Ma        | 9  |                                               |  |
| V          | 10 | Ch.Equipes D1,2,3,4.J3 ph1     |  | L        | 10 |                                     |  | M         | 10 |                                               |  |
| S          | 11 | Ch.Equipes Reg J3 ph1          |  | Ma       | 11 |                                     |  | J         | 11 |                                               |  |
| D          | 12 |                                |  | M        | 12 |                                     |  | V         | 12 | Ch.Equipes D1,2,3,4 .J6 ph1                   |  |
| L          | 13 |                                |  | J        | 13 |                                     |  | S         | 13 | Ch.Equipes Reg J6 ph1                         |  |
| Ma         | 14 |                                |  | V        | 14 | Ch.Equipes D1,2,3,4.J4 ph1          |  | D         | 14 |                                               |  |
| M          | 15 |                                |  | S        | 15 | Ch.Equipes Reg J4 ph1               |  | L         | 15 |                                               |  |
| J          | 16 |                                |  | D        | 16 |                                     |  | Ma        | 16 |                                               |  |
| V          | 17 |                                |  | L        | 17 |                                     |  | M         | 17 |                                               |  |
| S          | 18 | Critérium Fédéral Dep.Tour 1   |  | Ma       | 18 |                                     |  | J         | 18 |                                               |  |
| D          | 19 | Critérium Fédéral Reg.Tour 1   |  | M        | 19 |                                     |  | V         | 19 |                                               |  |
| L          | 20 |                                |  | J        | 20 |                                     |  | S         | 20 | Circuit Jeunes Crédit Mutuel T2 secteur nord  |  |
| Ma         | 21 |                                |  | V        | 21 |                                     |  | D         | 21 | Circuit Jeunes Crédit Mutuel T2 centre et sud |  |
| M          | 22 |                                |  | S        | 22 | Critérium Fédéral Dep.Tour 2        |  | L         | 22 |                                               |  |
| J          | 23 |                                |  | D        | 23 | Critérium Fédéral Reg.Tour 2        |  | Ma        | 23 |                                               |  |
| V          | 24 |                                |  | L        | 24 |                                     |  | M         | 24 |                                               |  |
| S          | 25 |                                |  | Ma       | 25 |                                     |  | J         | 25 | Noel                                          |  |
| D          | 26 |                                |  | M        | 26 |                                     |  | V         | 26 |                                               |  |
| L          | 27 | Stage départemental Barneville |  | J        | 27 |                                     |  | S         | 27 |                                               |  |
| Ma         | 28 | Stage départemental Barneville |  | V        | 28 | Ch.Equipes D1,2,3,4.J5 ph1          |  | D         | 28 |                                               |  |
| M          | 29 | Stage départemental Barneville |  | S        | 29 | Ch.Equipes Reg J5 ph1               |  | L         | 29 |                                               |  |
| J          | 30 |                                |  | D        | 30 |                                     |  | Ma        | 30 |                                               |  |
| V          | 31 |                                |  |          |    |                                     |  | M         | 31 |                                               |  |

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|------------|----|-------------------------------------|--|---------|----|-------------------------------------|--|------|----|-------------------------------------|--|
| JANVIER    |    |                                     |  | FEVRIER |    |                                     |  | MARS |    |                                     |  |
| J          | 1  | Jour de l'An                        |  | D       | 1  |                                     |  | D    | 1  | Championnat de Normandie individuel |  |
| V          | 2  |                                     |  | L       | 2  |                                     |  | L    | 2  |                                     |  |
| S          | 3  |                                     |  | Ma      | 3  |                                     |  | Ma   | 3  |                                     |  |
| D          | 4  |                                     |  | M       | 4  |                                     |  | M    | 4  |                                     |  |
| L          | 5  |                                     |  | J       | 5  |                                     |  | J    | 5  |                                     |  |
| Ma         | 6  |                                     |  | V       | 6  | Ch.Equipes D1,2,3,4. J1 ph2         |  | V    | 6  | Ch.Equipes D1,2,3,4. J2 ph2         |  |
| M          | 7  |                                     |  | S       | 7  | Ch.Equipes Reg J1 ph2               |  | S    | 7  | Ch.Equipes Reg J2 ph2               |  |
| J          | 8  |                                     |  | D       | 8  |                                     |  | D    | 8  |                                     |  |
| V          | 9  | Ch.Equipes D1,2,3,4 .J7 ph1         |  | L       | 9  |                                     |  | L    | 9  |                                     |  |
| S          | 10 | Ch.Equipes R & PR J7 ph1            |  | Ma      | 10 |                                     |  | Ma   | 10 |                                     |  |
| D          | 11 |                                     |  | M       | 11 |                                     |  | M    | 11 |                                     |  |
| L          | 12 |                                     |  | J       | 12 |                                     |  | J    | 12 |                                     |  |
| Ma         | 13 |                                     |  | V       | 13 |                                     |  | V    | 13 |                                     |  |
| M          | 14 |                                     |  | S       | 14 | Coupe Reg Vétérans 15/02            |  | S    | 14 | Critérium Fédéral Dep.Tour 4        |  |
| J          | 15 |                                     |  | D       | 15 | Circuit Jeunes Crédit Mutuel Tour 3 |  | D    | 15 | Critérium Fédéral Reg.Tour 4        |  |
| V          | 16 | D1 3ème montée en R4 J8 ph1         |  | L       | 16 |                                     |  | L    | 16 |                                     |  |
| S          | 17 | Vétérans ind Reg Qualif France      |  | Ma      | 17 |                                     |  | Ma   | 17 |                                     |  |
| D          | 18 | Top Détection                       |  | M       | 18 |                                     |  | M    | 18 |                                     |  |
| L          | 19 |                                     |  | J       | 19 |                                     |  | J    | 19 |                                     |  |
| Ma         | 20 |                                     |  | V       | 20 |                                     |  | V    | 20 | Ch.Equipes D1,2,3,4. J3 ph2         |  |
| M          | 21 |                                     |  | S       | 21 |                                     |  | S    | 21 | Ch.Equipes Reg J3 ph2               |  |
| J          | 22 |                                     |  | D       | 22 |                                     |  | D    | 22 |                                     |  |
| V          | 23 | D1 3ème montée en R4 J9 ph1         |  | L       | 23 | Stage départemental Coutances       |  | L    | 23 |                                     |  |
| S          | 24 | Critérium Fédéral Dep.Tour 3        |  | Ma      | 24 | Stage départemental Coutances       |  | Ma   | 24 |                                     |  |
| D          | 25 | Critérium Fédéral Reg.Tour 3        |  | M       | 25 | Stage départemental Coutances       |  | M    | 25 |                                     |  |
| L          | 26 |                                     |  | J       | 26 |                                     |  | J    | 26 |                                     |  |
| Ma         | 27 |                                     |  | V       | 27 |                                     |  | V    | 27 |                                     |  |
| M          | 28 |                                     |  | S       | 28 | TOURNOI VETERANS DEP                |  | S    | 28 | Chpt Jeunes Journées 2              |  |
| J          | 29 |                                     |  |         |    |                                     |  | D    | 29 | Finales par classement Dep          |  |
| V          | 30 |                                     |  |         |    |                                     |  | L    | 30 |                                     |  |
| S          | 31 | Championnat de la Manche individuel |  |         |    |                                     |  | Ma   | 31 |                                     |  |
|            |    |                                     |  |         |    |                                     |  |      |    |                                     |  |
| ANNEE 2026 |    |                                     |  |         |    |                                     |  |      |    |                                     |  |
| AVRIL      |    |                                     |  | MAI     |    |                                     |  | JUIN |    |                                     |  |
| M          | 1  |                                     |  | V       | 1  |                                     |  | L    | 1  |                                     |  |
| J          | 2  |                                     |  | S       | 2  |                                     |  | Ma   | 2  |                                     |  |
| V          | 3  |                                     |  | D       | 3  |                                     |  | M    | 3  |                                     |  |
| S          | 4  | TOURNOI FEMININ DEP                 |  | L       | 4  |                                     |  | J    | 4  |                                     |  |
| D          | 5  |                                     |  | Ma      | 5  |                                     |  | V    | 5  | Ch.Equipes R & D1,2,3,4. J7 ph2     |  |
| L          | 6  |                                     |  | M       | 6  |                                     |  | S    | 6  | Ch.Equipes Reg J7 ph2               |  |
| Ma         | 7  |                                     |  | J       | 7  |                                     |  | D    | 7  | Circuit Jeunes Crédit Mutuel Tour 5 |  |
| M          | 8  |                                     |  | V       | 8  | Ch.Equipes D1,2,3,4. J5 ph2         |  | L    | 8  |                                     |  |
| J          | 9  |                                     |  | S       | 9  | Ch.Equipes Reg J5 ph2               |  | Ma   | 9  |                                     |  |
| V          | 10 | Ch.Equipes D1,2,3,4. J4 ph2         |  | D       | 10 |                                     |  | M    | 10 |                                     |  |
| S          | 11 | Ch.Equipes Reg J4 ph2               |  | L       | 11 |                                     |  | J    | 11 |                                     |  |
| D          | 12 | Circuit Jeunes Crédit Mutuel Tour 4 |  | Ma      | 12 |                                     |  | V    | 12 |                                     |  |
| L          | 13 |                                     |  | M       | 13 |                                     |  | S    | 13 | Chpt Jeunes Finales                 |  |
| Ma         | 14 |                                     |  | J       | 14 |                                     |  | D    | 14 | Inter Comités 13, 14 Juin ?         |  |
| M          | 15 |                                     |  | V       | 15 |                                     |  | L    | 15 |                                     |  |
| J          | 16 |                                     |  | S       | 16 |                                     |  | Ma   | 16 |                                     |  |
| V          | 17 |                                     |  | D       | 17 |                                     |  | M    | 17 |                                     |  |
| S          | 18 |                                     |  | L       | 18 |                                     |  | J    | 18 |                                     |  |
| D          | 19 |                                     |  | Ma      | 19 |                                     |  | V    | 19 | 1/4 de Finale D2, D3 & D4           |  |
| L          | 20 | Stage départemental (à confirmer)   |  | M       | 20 | SOIREE SPORT ADAPTE                 |  | S    | 20 |                                     |  |
| Ma         | 21 | Stage départemental (à confirmer)   |  | J       | 21 |                                     |  | D    | 21 | Titres Chpt Dep Phase 2             |  |
| M          | 22 | Stage départemental (à confirmer)   |  | V       | 22 |                                     |  | L    | 22 |                                     |  |
| J          | 23 |                                     |  | S       | 23 | Grand prix crédit Agricole          |  | Ma   | 23 |                                     |  |
| V          | 24 |                                     |  | D       | 24 | Grand prix crédit Agricole          |  | M    | 24 |                                     |  |
| S          | 25 | Finales Reg par classement          |  | L       | 25 |                                     |  | J    | 25 |                                     |  |
| D          | 26 | Finales Reg par classement          |  | Ma      | 26 |                                     |  | V    | 26 |                                     |  |
| L          | 27 |                                     |  | M       | 27 |                                     |  | S    | 27 |                                     |  |
| Ma         | 28 |                                     |  | J       | 28 |                                     |  | D    | 28 |                                     |  |
| M          | 29 |                                     |  | V       | 29 | Ch.Equipes R & D1,2,3,4. J6         |  | L    | 29 |                                     |  |
| J          | 30 |                                     |  | S       | 30 | Ch.Equipes Reg J6 ph2               |  | Ma   | 30 |                                     |  |
|            |    |                                     |  | D       | 31 |                                     |  |      |    |                                     |  |